



Building Blocks

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none">• 8 sessions (1.5 hours)• Ages: 3-5years (pre-kindy)• Min 4 customers• Therapist and Therapy Assistant• \$170.89 per session <p>A kindy-readiness program building skills required for Kindy or Pre-primary</p> <ul style="list-style-type: none">• Focus on hand skills and table-top skills e.g. pre-writing, cutting, gluing, construction, puzzles, sensory play.• Development of other independence skills required for school e.g. <i>opening lunchbox and school bag</i>.• Opportunities to develop social play skills• Development of routine and support focused attention.• Provides opportunities to trial a small range of relevant assistive aids and seating options.	North Hub Central Hub

Messability

A yellow starburst graphic with several short lines radiating from a central point.

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none">• 3 sessions (60 minutes)• Min 4 customers• Occupational therapist and Therapy Assistant (Play Therapist)• \$525.82 per session <p>A group session to give your child the opportunity to explore and discover, focusing on their goals of fine and gross motor skills, communication/language and problem solving/self-management skills.</p> <p>A relaxed, playful setting giving them the opportunity to explore and discover with different sensory experiences in their own time at their own pace.</p>	South Hub (Tom Bateman Reserve)

A yellow starburst graphic with several short lines radiating from a central point.

Bike Group

Hours from Plan or \$\$ Required to Participate (For entire group/per session)

Location

- **3 sessions (60 minutes)**
- **Min 2 customers**
- **Physiotherapist and Therapy Assistant**
- **\$154.22 per session**

Central Hub

- A fun and interactive group that assists children in learning and developing the necessary skills for bike riding.
- Aimed at children of all ages learning to ride with trainer wheels, transitioning to no trainer wheels or developing higher level bike riding skills
- Encourage development of balance, steering, braking, dismounting, road safety and endurance

Sports Skills

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none">• 8 sessions (60 minutes each)• Ages: 5-10 years• 8 hours• Min 4 customers• Physio and Therapy Assistant• \$119.97 per session <ul style="list-style-type: none">• Group based physiotherapy sessions to improve gross motor development, high level balance and coordination using sport specific drills• Opportunity to practice school sport skills in a fun environment• Interaction with peers in a social setting• Pre-requisites – independent mobility with or without walking aid. Over 6 years old. Comfortable in a group setting and able to independently follow simple instructions	South Hub (Mike Barnett Sports Centre – Rockingham)

Yoga Bears

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none">• 5 sessions (60 minutes each)• Ages: 5-10years• 5 hours• Min 4 customers• Physio and Therapy Assistant• \$139.62 per session <ul style="list-style-type: none">• Fun and interactive exercise group with a focus on improving core strength and balance, body awareness and whole body control• Socialisation and participation in group activities• Improve confidence and self esteem• Practice relaxation and breath control techniques	North Hub

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none"> • 8 sessions (1.5 hours each) • Ages: 13-16years & 16+ years • 12 hours • Min 4 customers • Hub and Community • Speech Pathologist and Occupational Therapist • \$193.99 per session <p>Exciting adult group for building life skills including catching public transport, cooking, functional reading and writing (filling out forms, reading menus), shopping, money handling skills and functional communication skills (e.g. ordering food at a cafe). This group also provides opportunities for members to practice and develop social skills with the support of the therapy team and building connections with other members of the group.</p>	<p>North Hub</p>

Intensives

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none">• 1 discipline: 9 hours of therapy time + 3 hours of indirect time = 12 hours• 2 discipline: 18 hours of therapy time + 6 hours of indirect time = 24 hours• 3 disciplines: 27 hours of therapy time + 12 hours of indirect time = 36 hours <ul style="list-style-type: none">• Indirect time<ul style="list-style-type: none">- Planning for each customer- goal setting write up: 60 mins- Home exercise program: 60mins- Handover to primary therapy team with a 1-page summary: 60 mins <p>Total compulsory indirect time: 3 hours</p> <ul style="list-style-type: none">• Cost based on discipline hourly rate \$193.99 (OT, SP, SW) or \$224.62 (PT)<ul style="list-style-type: none">- 3 x week session for three weeks- Targeted, goal directed therapy- All disciplines available; Physiotherapy, Occupational Therapy, Speech Pathology	Central Hub South Hub

Targeted Therapy

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none">• Individual sessions (1 hour)• Cost per session at hub: \$193.99 (OT, SP, SW) or \$224.62 (PT)• Daily therapy sessions• Targeted therapy• Goal directed• All disciplines available<ul style="list-style-type: none">- Physiotherapy- Occupational Therapy- Speech Pathology• AAC• PROMPT• Feeding• Onsite at Currambine	North Hub

Drama Club

Hours from Plan or \$\$ Required to Participate (For entire group/per session)

Location

- **4 sessions (1.5 hours each)**
- **Ages: 6-10years**
- **Min 4 customers**
- **Speech Pathologist and Therapy Assistant**
- **\$148.94 per session**

North Hub

- Our newest holiday group Drama Club is an exciting opportunity for school age individuals to use drama-based activities to develop their social skills and communication in a fun, creative way.
- Participants of Drama Club will get the opportunity to work together in a pressure free environment, to practice performing scripts and creating their own sketches with the potential to perform their work at the end of the group.
- No previous drama experience is required! However, individual needs to be able to follow simple instructions and communicate verbally.

Hours from Plan or \$\$ Required to Participate (For entire group/per session)	Location
<ul style="list-style-type: none"> • 6 sessions (60minutes each) • Ages: school age • Min 4 customers • Physiotherapist and Therapy Assistant • \$124.65 per session <ul style="list-style-type: none"> • Group based physiotherapy sessions focused on wheelchair sports skills and fitness for customers who utilise a wheelchair at home, school or in the community. • School age (primary and/or high school). • Encourage physical activity in children, wheelchair mobility skill acquisition and participation in community sports. 	<p>South Hub (Brookman Primary School)</p>